

ADULTING IN 2022 & BEYOND: Balancing Personal / Family / Work Life In A Post-Covid World

Moderator: Tammy J. Samuels

Executive Director
Career & Leadership for MBA & Alumni

Panelists - Who's Who?



Diana Berry, MBA Class of 2015
Global Supply Chain Import/Export
Specialist
Harsco Rail



Joanna Maxham, MBA Class of 2001
Co-founder & CMO
Apex Creative NYC



Brandi Morales-Espinal
MBA Class of 2010
Client Delivery Leader
Luminas Strategy



Mark Flickinger, MBA Class of 2011
General Partner and COO
Panoramic Ventures



Tara Flickinger, MBA Class of 2011
Tara, Partner, ON Partners

adulting

[ad-uhlt-ing] *noun.*

The practice of behaving in a way characteristic of a responsible adult, especially the accomplishment of mundane but necessary tasks.

BEING AN ADULT IS MOSTLY
BEING EXHAUSTED, WISHING
YOU HADN'T MADE PLANS,
AND WONDERING HOW YOU
HURT YOUR BACK.

Adulthood is like the
vet, and we're all the
dogs that were excited
for the car ride until we
realized where we're
going.



1. Question:

Tell us what was “adulting” like for you pre-pandemic and what do you feel was the biggest disruptor for you personally and professionally?

2. Question:

What are some things you learned about yourself, your work, and/or your family during the COVID-19 “lockdown”?

3. Question:

**How would you describe your
“adulting” life now in present
day, “post-COVID” world?
What’s the same or different?**

4. Question:

Describe a moment(s) when you have felt you are your best *adult* self and perhaps, when you have not. What have you learned about yourself?

5. Question:

What piece of “adulthood” advice you wish someone would have told you and what piece of advice would you offer today to your fellow alums?

Wrap Up



I officially resign from adulthood. Decisions will be made using the Eenie-meeie-minie-moe method and arguments will be settled by sticking out my tongue. I'll be at recess if you need me.

**QUESTIONS?
COMMENTS?**

THANK YOU!

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